

# Flu Season 2016-2017

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**Routine annual flu vaccination** is recommended for all persons aged 6 months and older and is mandatory for all active and reserve component personnel.

**No Flu Mist:** Per CDC recommendation and BUMED policy for Influenza Vaccine use for the 2016-2017 Influenza Season, only injectable flu vaccine will be used throughout the DoD for the 2016-2017 influenza season.

## Options For Flu Vaccination

**1. Active Duty Shot Exercise** will be held 2-4 November at the O' Club. Ask your command medical representative for details.

**2. Appointments** will be available through the Immunization Clinic starting November 7th. Call the Puget Sound Military Appointing Center (PSMAC) at (800) 404-4506 after October 1<sup>st</sup> to schedule your flu shot.

### **3. TRICARE Vaccine Program:**

Beneficiaries may receive some covered vaccines to include the flu vaccine for \$0 at participating network pharmacies. \*\*

Local pharmacies are currently offering flu shots. Be sure to call the pharmacy and ask about vaccine availability since vaccines vary by age.

#### **TRICARE Network Pharmacies in Oak Harbor:**

Island Drug	360-675-6688
Rite Aid	360-679-3522
Safeway	360-240-1063
Wal-Mart	360-279-0671

\*\*Service members who receive flu vaccination from a retail network pharmacy will provide documentation of immunization to their command medical representative no later than the next duty or drill day following vaccination.

To learn more about the TRICARE Vaccine Program, or find participating pharmacies in your area, visit:  
[http://www.tricare.mil/CoveredServices/Pharmacy/Drugs/Vaccines?sc\\_database=web](http://www.tricare.mil/CoveredServices/Pharmacy/Drugs/Vaccines?sc_database=web)